

# TOT TUMBLING

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Join us for an exciting and safe way to exercise and explore flexibility and fun! The Wildwood Park District in conjunction with the Grayslake Gymnastics Factory are offering a 9-week Tot Tumbling Class at the Grayslake Gymnastics Factory, (888 E. Belvidere Road Grayslake, IL 60030). This class was previously held at the Wildwood Park District in the Fall and Winter of 2019-2020. This class taught by trained instructors from the Grayslake Gymnastics Factory will introduce tumbling and gymnastics for your little one! The purpose is to develop large motor skills, balance, strength, building self-esteem and more. The group will be using a variety of equipment and apparatuses.

Face masks will be required, (for entering and exiting building) as well as temperature checks for participants. Participants' parents/guardians will sign a Gymnastics Factory Waiver and Release form upon attending the first class. Parents who wish to stay and observe must wear masks and have temperatures taken. Please also bring individual water bottles, small hand sanitizers, and a bag for shoes to be put in. Please call our office at 847-223-7275 for further information.

Class ID: 2111.03.01

Ages: 3 - 6

Dates: 3/30/2021-5/25/2021 Time: 12:15pm – 1:15pm

Fee: \$98/\$108

Location: Grayslake Gymnastics Factory 888 E. Belvidere Road #202 Grayslake, IL 60030

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