



YOUTH SPORTS CLASSES

GRAYSLAKE PARK DISTRICT

WINTER 2019 • JANUARY 7 - APRIL 18



LUNCH AND PLAY

Children are introduced to a variety of sports including basketball, floor hockey, football, kickball, soccer, t-ball and other sports and group games. The goal is to provide the opportunity for each child to develop motor skills and nurture his/her growth socially through teamwork and good sportsmanship. Children eat lunch with the coaches, then play sports in the gym. **NO CLASS: 1/21, 2/18, 3/25, 3/26, 3/27 & 3/28.**

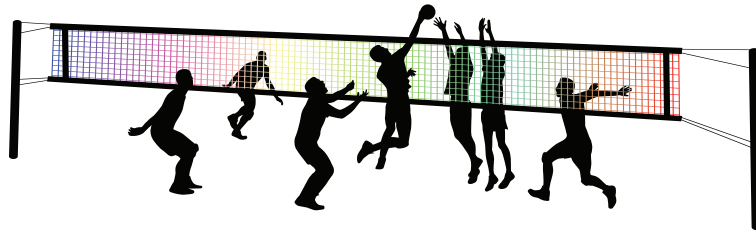
702004A	M	1/7-4/15	10:45A-12:15P	12 WKS	R \$120/NR \$150
702004B	TU	1/8-4/16	10:45A-12:15	14 WKS	R \$140/NR \$175
702004C	W	1/9-4/17	10:45A-12:15P	14 WKS	R \$140/NR \$175
702004D	W	1/9-4/17	11:45A-1:15P	14 WKS	R \$140/NR \$175
702004E	TH	1/10-4/18	10:45A-12:15P	14 WKS	R \$140/NR \$175
702004F	TH	1/10-4/18	11:45A-1:15P	14 WKS	R \$140/NR \$175

VOLLEYBALL SKILLS CLINIC 1

AGES 7-9

This clinic includes instruction on all major volleyball skills; serving, passing, setting and attacking. Players receive a solid foundation of these fundamental skills through fun and active drills, building up to team play. This class is for the volleyball beginner looking to understand the game and learn new skills. Kneepads are recommended. **NO CLASS 3/30.**

730041A	W	1/9-2/13	3:45-4:30P	6 WKS	R \$63/NR \$79
730041B	SA	3/2-4/13	10:15-11:00A	6 WKS	R \$63/NR \$79



GAME TIME VOLLEYBALL

AGES 10-13

Players experience daily scrimmages with active instruction and tips from the coaching staff of Hot Shots Sports. Coaches referee while emphasizing the fundamentals and game strategies of volleyball. Players use skills such as serving, passing, setting and attacking in a "game time" environment.

NO CLASS 3/30.

730045A	W	1/9-2/13	4:30-5:30P	6 WKS	R \$84/NR \$105
730045B	SA	3/2-4/13	11:00A-12:00P	6 WKS	R \$84/NR \$105

MINI NINJA WARRIORS

AGES 4-8

Leap, hop, skip, run your way through obstacles and put your Ninja skills to the test. This fun movement based class will challenge your Ninja to maneuver over and under objects. We will also play many large group games to further challenge their Ninja skills. **NO CLASS: 3/28.**

730054A	TH	1/10-2/14	3:30-4:15P	6 WKS	R \$63/NR \$79
730054B	TH	2/28-4/11	3:30-4:15P	6 WKS	R \$63/NR \$79

NERF ELITE BATTLE

AGES 4-12

Each week we will play many different Nerf Elite battle games, including an all-out battle. Come experience this Classic basement game in an arena style team game. All guns, ammo and eye protection will be provided. You can bring your own gun or eye wear if you want. **NO CLASS 3/28.**

730053A	TH	1/10-2/14	4:30-5:30P	6 WKS	R \$84/NR \$105
730053B	TH	2/28-4/11	4:30-5:30P	6 WKS	R \$84/NR \$105

PEE WEE HOCKEY

AGES 4-6

Have your child's first hockey experience be a blast! To ensure a safe environment, Pee Wee Floor Hockey players play with pillow polo sticks, which have a soft-cushion end. Participants learn the basics of the game and experience the thrills of being a hockey player!

702074A	SA	1/12-2/16	10:15-11:00A	6 WKS	R \$63/NR \$79
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FLOOR HOCKEY

AGES 7-10

This clinic provides participants the opportunity to learn and play floor hockey in a safe and fun environment. Players learn positions, stick handling and ball control in this fun, fast-paced class. In addition, players develop teamwork and sportsmanship while having fun competitive gameplay each week. Safety and having fun is a MUST when you step on the floor. Come ready to play!

730004A	SA	1/12-2/16	11:15A-12:15P	6 WKS	R \$84/NR \$105
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GRAYSLAKE PARK DISTRICT

240 COMMERCE DR., GRAYSLAKE, IL 60030 • 847-223-7529

Register at Grayslake Community Park District - www.glpd.com

Visit hotshots4kids.com for more information.

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ADULT TOT SPORTS

AGES 3-4

Parents are an integral part of helping their tots develop basic sports movement and motor skills. Motor skill activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. Parents or caregiver participation is required. **NO CLASS: 3/30.**

701011A	SA	1/12-2/16	9:15-10:00A	6 WKS	R \$63/NR \$79
701011B	SA	3/2-4/13	9:15-10:00A	6 WKS	R \$63/NR \$79

BASKETBALL CLINIC 101

AGES 7-13

Develop early basketball skills such as shooting, dribbling and passing, along with the basic rules of the game. All instruction is game/drill oriented with mini games and scrimmages played every week. This class is for the basketball beginner looking to understand the game, learn new skills, and have fun!

NO CLASS 3/30.

730056A	SA	1/12-2/16	2:30-3:30P	6 WKS	R \$84/NR \$105
730056B	SA	3/2-4/13	1:45-2:45P	6 WKS	R \$84/NR \$105



LIL' DRIBBLERS

AGES 3-6

The Lil' Dribblers Basketball program introduces children to the game of basketball in a safe, fun and exciting environment. Our curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills, hand eye coordination, listening skills and the ability to follow directions. The Lil' Dribblers program includes exclusively design equipment tailored to enhance the basketball experience for each participant. The program challenges children to develop new cognitive, physical and social skills. In addition, each child will experience social interaction with children and adults in a fun environment. **NO CLASS 3/30.**

Ages 3-4

701036A	SA	1/12-2/16	12:30-1:15P	6 WKS	R \$63/NR \$79
701036B	SA	3/2-4/13	12:15-1:00P	6 WKS	R \$63/NR \$79

Ages 5-6

730052A	SA	1/12-2/16	1:30-2:15P	6 WKS	R \$63/NR \$79
730052B	SA	3/2-4/13	1:00-1:45P	6 WKS	R \$63/NR \$79



BASKETBALL 201

AGES 10-13

Class will be conducted with various guard/post techniques to develop passing, shooting and dribbling in game situations. Defensive instruction includes man-to-man, denying the ball, help-line and boxing out. Athletes qualified for Basketball 201 should possess intermediate shooting and dribbling skills, a basic understanding of the game and are looking for a more competitive basketball experience. **NO CLASS: 3/30.**

6730057A	SA	3/2-4/13	2:45-3:45P	6 WKS	R \$84/NR \$105
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3 VS 3 BASKETBALL LEAGUE

AGES 8-13

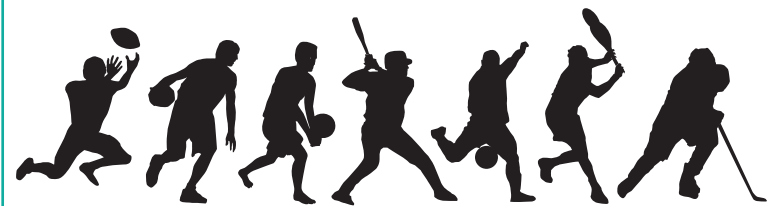
Players develop core fundamental and an advanced skill set in this team oriented 3-on-3 program. Each team plays a minimum of two half-court games each week. This league allows players to practice their team skills while still getting plenty of ball touches. Referees monitor game play. Teamwork and sportsmanship are emphasized. **NO CLASS 3/27.**

Ages 8-11

730058A	TH	2/27-4/10	3:30-4:30P	6 WKS	R \$84/NR \$105
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Ages 11-13

730058B	TH	2/27-4/10	4:30-5:30P	6 WKS	R \$84/NR \$105
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TOTAL SPORTS SPRING BREAK CAMP

AGES 4-12

This camp focuses on a variety of sports including flag football, basketball, baseball, kickball, soccer, capture the flag, and other group games. Each day camper's focus on skill development and fundamentals for each respective sport, followed by game play. Coaches ensure a fun and energetic atmosphere while promoting teamwork and good sportsmanship.

730055A	M-F	3/25-3/29	10:30A-1:30P	5 WKS	R \$110/NR \$138
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