



YOUTH SPORTS CLASSES

GRAYSLAKE PARK DISTRICT

FALL 2018 • SEPTEMBER 8 - DECEMBER 20



T-BALL SKILLS CLINIC

AGES 4-6

This introductory T-ball program is perfect for a child who wants to have fun, make new friends and be introduced to baseball. Participants enjoy learning the skills needed to play baseball including offense and defense, as well as the rules and philosophies of the game. The program stresses teamwork over competition. All you need to bring is a glove!

602077A SA 9/8-10/13 9:00-9:45A 6 WKS R \$63/NR \$79

BASEBALL CLINIC 101

AGES 7-13

This baseball class gives players an introduction to baseball. Players work on technique and enhancing form in this comprehensive skills clinic. This program teaches throwing mechanics as well as batting stance, bat positioning and speed, using both live pitching and hitting off the tee. Players learn various positions in the field through game play and basic in game strategy. Players should bring their own gloves, and be ready for a fun, fast paced learning environment.

630047A SA 9/8-10/13 10:00-11:00A 6 WKS R \$84/NR \$105

SOFTBALL CLINIC LEVEL 1

AGES 5-7

This class is a complete introduction for the beginning softball star. Learn about the bases, field positions, and defensive mechanics while gaining skills in throwing and hitting. Live games are played every day with instructor pitching. Players will use 11" softie or indoor softball. Softball glove is required.

630050A SA 9/8-10/13 11:15A-12:00P 6 WKS R \$63/NR \$79

SOFTBALL CLINIC LEVEL 2

AGES 8-13

Learn how to play each position effectively with instructional focus on base coverage and infield/outfield teamwork. Advance your offensive game by learning how to bunt and develop proper hitting techniques and bat swing. The clinic also cover base running and give instruction on how to steal and slide.

630050B SA 9/8-10/13 12:15-1:15P 6 WKS R \$84/NR \$105

TOT SOCCER

AGES 2-3

Young children develop motor skills while having fun running and kicking. Parents and tots work together in this class, learning the basics of soccer. Dribbling, passing, shooting and kicking will all be emphasized. A variety of activities will be played each week.

630013A TH 9/13-10/18 3:00-3:30P 6 WKS R \$42/NR \$53

PEE WEE SOCCER

AGES 4-6

Let your child's early soccer experience be a great one. The younger player develops their soccer skills and also gains confidence, coordination, motor skills and communication. The program uses age appropriate drills and exercises to teach players kicking, ball control, dribbling, shooting and more.

630013A TH 9/13-10/18 3:45-4:30P 6 WKS R \$84/NR \$105

SOCCER SKILLS

AGES 7-10

Players are introduced to the fundamentals of soccer tactics such as passing the ball, offensive moves, defensive moves, keeping/controlling the ball and taking the ball away from the opposing team. Players learn to score and prevent goals. Physical endurance and fitness are emphasized while touching the ball. At this age, the focus starts to change from simple games to organized, tactical, competitive games.

630014A TH 9/13-10/18 4:45-5:45P 6 WKS R \$84/NR \$105

MINI NINJA WARRIORS

AGES 4-8

Leap, hop, skip, run your way through obstacles and put your Ninja skills to the test. This fun movement based class will challenge your Ninja to maneuver over and under objects. We will also play many large group games to further challenge their Ninja skills. **NO CLASS: 11/21.**

630054A W 9/19-10/24 3:30-4:15P 6 WKS R \$63/NR \$79

630054B W 11/7-12/19 3:30-4:15P 6 WKS R \$63/NR \$79

LUNCH AND PLAY

AGES 3-5

Children are introduced to a variety of sports including basketball, floor hockey, football, kickball, soccer, t-ball and other sports and group games. The goal is to provide the opportunity for each child to develop motor skills and nurture his/her growth socially through teamwork and good sportsmanship. Children eat lunch with the coaches, then play sports in the gym. **NO CLASS: 10/8, 10/31, 11/19, 11/20, 11/21 & 11/22.**

602004A M 9/10-12/17 10:45A-12:15P 13 WKS R \$130/NR \$163

602004B TU 9/11-12/18 11:45A-1:15P 14 WKS R \$140/NR \$175

602004C W 9/12-12/19 10:45A-12:15P 13 WKS R \$130/NR \$163

602004D W 9/12-12/19 11:45A-1:15P 13 WKS R \$130/NR \$163

602004E TH 9/13-12/20 10:45A-12:15P 14 WKS R \$140/NR \$175

602004F TH 9/13-12/20 11:45A-1:15P 14 WKS R \$140/NR \$175

Continued on reverse side ↗



GRAYSLAKE PARK DISTRICT

240 COMMERCE DR., GRAYSLAKE, IL 60030 • 847-223-7529

Register at Grayslake Community Park District - www.glpd.com

Visit hotshots4kids.com for more information.

For questions, contact Kevin Holtz @ kevin@hotshots4kids.com or 630-685-6902.





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NERF ELITE BATTLE

AGES 4-12

Each week we will play many different Nerf Elite battle games, including an all-out battle. Come experience this Classic basement game in an arena style team game. All guns, ammo and eye protection will be provided. You can bring your own gun or eye wear if you want. **NO CLASS 11/21.**

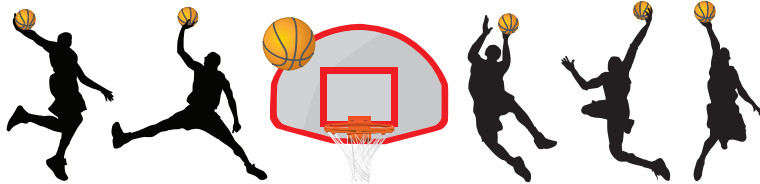
630053A W 9/19-10/24 4:30-5:30P 6 WKS R \$84/NR \$105
630053B W 11/7-12/19 4:30-5:30P 6 WKS R \$84/NR \$105

PEE WEE FLOOR HOCKEY

AGES 4-6

Have your child's first hockey experience be a blast! To ensure a safe environment, Pee Wee Floor Hockey players play with pillow polo sticks, which have a soft-cushion end. Participants learn the basics of the game and experience the thrills of being a hockey player! **NO CLASS 11/23.**

602074A F 9/21-10/26 4:30-5:15P 6 WKS R \$63/NR \$79
602074B F 11/2-12/14 3:00-3:45P 6 WKS R \$63/NR \$79



FLOOR HOCKEY

AGES 7-12

This clinic provides participants the opportunity to learn and play floor hockey in a safe and fun environment. Players learn positions, stick handling and ball control in this fun, fast-paced class. In addition, players develop teamwork and sportsmanship while having fun competitive gameplay each week. Safety and having fun is a MUST when you step on the floor. Come ready to play! **NO CLASS 11/23.**

630004A F 9/21-10/26 5:30-6:30P 6 WKS R \$84/NR \$105
630004B F 11/2-12/14 3:45-4:45P 6 WKS R \$84/NR \$105

VOLLEYBALL SKILLS CLINIC 1

AGES 7-10

This clinic includes instruction on all major volleyball skills; serving, passing, setting and attacking. Players receive a solid foundation of these fundamental skills through fun and active drills, building up to team play. This class is for the volleyball beginner looking to understand the game and learn new skills. Kneepads are recommended. sports in the gym. **NO CLASS 11/23.**

630041A F 11/2-12/14 5:00-6:00P 6 WKS R \$84/NR \$105

GAME TIME VOLLEYBALL

AGES 11-14

Players experience daily scrimmages with active instruction and tips from the coaching staff of Hot Shots Sports. Coaches referee while emphasizing the fundamentals and game strategies of volleyball. Players use skills such as serving, passing, setting and attacking in a "game time" environment. **NO CLASS 11/23.**

630049A F 11/2-12/14 6:15-7:15P 6 WKS R \$84/NR \$105

BASKETBALL CLINIC 101

AGES 7-12

Develop early basketball skills such as shooting, dribbling and passing, along with the basic rules of the game. All instruction is game/drill oriented with mini games and scrimmages played every week. This class is for the basketball beginner looking to understand the game, learn new skills, and have fun! **NO CLASS 11/24.**

602075A SA 11/3-12/15 10:45-11:45A 6 WKS R \$84/NR \$105

BASKETBALL CLINIC LEVEL 3

AGES 9-14

Players begin to develop more advanced skills such as various guard/post techniques, setting screens, moving without the ball, and offensive spacing. Defensive instruction includes man-to-man, denying the ball, help-line and boxing out. Players spend time developing their shot using proper mechanics to be effective further from the basket. Scrimmages are played every week. **NO CLASS 11/24.**

630045A SA 11/3-12/15 12:00-1:00P 6 WKS R \$84/NR \$105

LIL' DRIBBLERS

AGES 3-6

The Lil' Dribblers Basketball program introduces children to the game of basketball in a safe, fun and exciting environment. Our curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills, hand eye coordination, listening skills and the ability to follow directions. The Lil' Dribblers program includes exclusively design equipment tailored to enhance the basketball experience for each participant. The program challenges children to develop new cognitive, physical and social skills. In addition, each child will experience social interaction with children and adults in a fun environment. **NO CLASS 11/24.**

Ages 4-6

630052A SA 11/3-12/15 9:45-10:30A 6 WKS R \$63/NR \$79

Ages 3-4 with parent

601036A SA 11/3-12/15 9:00-9:30A 6 WKS R \$42/NR \$53



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