



Ages
12+

INDOOR TRIATHLON

HOW FAR CAN YOU GO WHEN YOU RACE AGAINST TIME?

Saturday, May 19, 2018

Beginning at 8:00am

FitNation on Nations Drive

ID#210611

\$50 - ages 12+

Start time 8:00a new heat starts every 15 minutes, 4 people in a heat THROUGH 2pm. Takes approximately one hour to finish.

Swim bike run, 10 minute swim, 15 minute bike, 15 minute run. Based on total distance achieved during times. Prizes for different age groups. \$250 cash prize for top overall male and female winners. Register online. No day of event registration. Registration ends May 12, 2018. The registration fee of \$50 includes a t-shirt.



Enroll online at GurneeParkDistrict.com today
or at a GPD community center.



Gurnee Park District

FitNation®