# YOUTH SPORTS CLASSES

## **GRAYSLAKE COMMUNITY PARK DISTRICT**

SPRING 2018 • MARCH 1 - APRIL 14

## 

#### SPRING BREAK TOTAL SPORTS CAMP

AMATTA

Looking for something fun to do over spring break? We have the camp for you! Total Sports Camp focuses on a variety of sports including flag football, basketball, baseball, kickball, soccer, capture the flag and other fun group games! Each day campers' focus on skill development and fundamentals for each respective sport, followed by game play. Coaches ensure a fun and energetic atmosphere while promoting teamwork and good sportsmanship. Bring a snack and water each day and come ready to work hard while having fun!

#### Ages: 4-6

230055A M-TH 3/26-3/29 10:30A-1:30P 3 DAYSR \$110/NR \$138 Ages: 7-12

230055B M-TH 3/26-3/29 1:45-4:45P 3 DAYS R \$110/NR \$138

#### MINI NINJA WARRIOR

Leap, hop, skip, run your way through obstacles and put your Ninja skills to the test. This fun movement based class will challenge your Ninja to maneuver over and under objects.

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230054B TI	H	3/1-4/12	3:30-4:15P	6 WKS	R \$73/NR \$88

#### NERF ELITE BATTLE

#### Ages: 4-12

Ages: 7-10

Ages: 4-8

Each week we will play many different Nerf Elite battle games, including an all-out battle. Come experience this Classic basement game in an arena style team game. All guns, ammo and eye protection will be provided. You can bring your own gun or eye wear if you want. There will be a different theme every week, with the first class being a school color's theme. **No Class: 3/29.** 

230053B TH 3/1-4/12 4:30-5:30P 6 WKS R \$84/NR \$105

**VOLLEYBALL SKILLS CLINIC** 

This clinic will include instruction on all major volleyball skills; serving, passing, setting and attacking. Players will receive a solid foundation of these fundamental skills through active drills, building up to team play. This class is for beginners looking to understand the game and learn new skills. Kneepads are recommended. **No Class: 3/30.** 230041B F 3/2-4/13 4:30-5:30P 6 WKS R \$72/NR \$90

### GAMETIME VOLLEYBALL

Ages: 11-14

Players experience daily scrimmages with active instruction and tips from the coaching staff of Hot Shot Sports. Coaches will referee while emphasizing the volleyball fundamentals and game strategies. Players will use skills such as serving, passing, setting and attacking in a "game time" environment. **No Class: 3/30.** 

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230049B F 3/2-4/13 5:30-6:30P 6 WKS R \$72/NR \$90

#### TOTAL SPORTS

Ages: 4-10

Total Sports not only teaches children the basic skills of playing different sports, it also teaches the skills needed to work with one another as teammates, and to accept each individual as a valuable player. Some of the sports taught and played include basketball, floor hockey, football, kickball, soccer, t-ball and more. **No Class: 3/31.** 

3/3-4/14	11:30A-12:30F	9 6 WKS	R \$72/NR \$90
3/3-4/14	12:45-1:45P	6 WKS	R \$72/NR \$90

#### T-BALL SKILLS CLINIC

Ages: 3-5

This introductory tee ball program is perfect for the child who wants to have fun, make new friends and be introduced to baseball! Participants enjoy learning the skills needed to play baseball including offense and defense, as well as the rules and philosophies of the game. The program stresses teamwork over competition. Bring a glove and sports attire. **No Class: 3/31.** 

202077A SA 3/3-4/14 9:15-10:00A 6 WKS R \$60/NR \$75

**BASEBALL SKILLS CLINIC** 

Ages: 6-8

Players work on technique and enhancing form in this comprehensive skills clinic. Players work on throwing mechanics, batting stance, bat positioning and speed, base running, fielding and pitching. Players should bring their own gloves. **No Class: 3/31.** 

230047A SA 3/3-4/14 10:15-11:15A 6 WKS R \$72/NR \$90



**GRAYSLAKE COMMUNITY PARK DISTRICT** 240 Commerce Dr., Grayslake, IL 60030 • 847-223-7529

Register at Grayslake Community Park District - www.glpd.com/information/



For questions, contact **Kevin Holtz** @ **kevin@hotshots4kids.com** or **773-685-6902**. Visit **chicago.hotshots4kids.com** for more information