Sweet Potato Arugula Salad: (makes 2 servings)

- 2 Tablespoons shallots --diced
- 2 Tablespoons Red Wine Vinegar
- 2 Oz Arugula
- 1 Sweet potato
- 1.5 Teaspoons of Tahini

Olive Oil (Drizzle)

Salt

Pepper

Prep notes:

- Marinade 2 Tablespoons shallots in 1.5 Teaspoon (¼ of 2 tablespoons) of Red Wine Vinegar
- 2. Slice sweet potatoes into half moons. Drizzle with olive oil, salt, pepper & roast in 425 degree oven until tender. Let cool.
- 3. When cool, mix greens with sweet potatoes, tahini, remaining RWV, shallots, drizzle with olive oil and salt and pepper to taste.

Asian Cole Slaw (make 12 Servings)

- 1 bunch (6 large) scallions, trimmed and thinly sliced
- 32 Oz (2-16 ounce bags) bags coleslaw mix or 1 (16-ounce) bag each of shredded green and shredded red cabbage
- 1/4 cup soy sauce
- 1/4 cup lemon juice
- 1/4 cup olive oil
- ½ teaspoon of powdered ginger
- 2 tablespoons red wine vinegar
- 2 tablespoons dark brown sugar
- 2 teaspoons Asian sesame oil
- 1 teaspoon salt
- 20 grinds black pepper

Sweet Chili Glazed Chicken (makes 4 servings)

- 1/2 cup rice vinegar
- 5 tablespoons honey
- 1/3 cup soy sauce
- 1/4 cup Asian (toasted) sesame oil
- 2 tablespoons Asian chili sauce
- 3 tablespoons minced garlic
- Salt to taste
- 1 bunch cilantro

- 8 skinless, boneless chicken thighs
- 1 tablespoon chopped green onion (optional)

Directions

- 1. Whisk the vinegar, honey, soy sauce, toasted sesame oil, chili garlic sauce, garlic, and salt in a bowl until smooth. Pour half the marinade into a large plastic zipper bag; retain the other half of the sauce. Place the chicken thighs into the bag containing marinade, squeeze all the air out of the bag, and seal. Shake a few times to coat chicken; refrigerate for 1 hour, turning bag once or twice.
- 2. Preheat oven (or grill, see below) to 425 degrees F (220 degrees C).
- 3. Pour the other half of the marinade into a saucepan over medium heat, bring to a boil, and cook for 3 to 5 minutes, stirring often, to thicken sauce. Remove the chicken from the bag; discard used marinade. Place chicken thighs into a 9x13-inch baking dish, and brush with 1/3 of the thickened marinade from the saucepan.
- 4. Bake 30 minutes, basting one more time after 10 minutes; an instant-read thermometer inserted into a chicken thigh should read 165 degrees F (75 degrees C). Let stand for 5 or 10 minutes; meanwhile, bring remaining marinade back to a boil for 1 or 2 minutes, and serve chicken with marinade. Sprinkle with green onions.

1) On Grill:

- a) Remove chicken from marinade
- b) On medium to medium high heat grill, grill each side 5-7 minutes in closed grill (or to 165 degrees)
- c) Brush remaining SAFE (not what was used for the chicken) marinade on chicken after